

New York International Showcase - Event Schedule

All athletes in running events check in at the clerk. Field Events check in at the event site.

All INVITE events will be run slow to fast.

All NON-INVITE events will be run fast to slow

FRIDAY		
Straightaway		
4:00pm	Girls Frosh 55h	Final on Time
4:05pm	Girls Varsity 55h	Final on Time
4:15pm	Girls Invite 55h	trials top 8 to Final
4:30pm	Boys Invite 55h	trials top 8 to Final
4:40pm	Boys Varsity 55h	Final on Time
4:50pm	Boys Frosh 55h	Final on Time
4:58pm	Girls Frosh 55m	Final on Time
5:10pm	Boys Frosh 55m	Final on Time
5:20pm	Girls Invite 55m	trials top 8 to Final
5:30pm	Boys Invite 55m	trials top 8 to Final
5:45pm	Girls Varsity 55m	Final on Time
6:00pm	Boys Varsity 55m	Final on Time
6:20pm	Girls Invite 55h Final	Final
6:28pm	Boys Invite 55h Final	Final
6:33pm	USATF Boys 60 H	Final on Time
6:40pm	Girls Invite 55m Final	Final
6:45pm	Boys Invite 55m Final	Final
6:50pm	Girls USATF 60m	Final on Time
6:58pm	Boys USATF 60m	Final on Time
FRIDAY Field Events		
4:00pm	Girls Frosh Shot Put	Final
5:00pm	Girls Invite Shot Put	Trials, to Final
4:00pm	Girls Pole Vault Varsity	
4:00pm	Girls Long Jump Varsity	Trials, to Final
4:00pm	Girls Long Jump Frosh	Final
to follow LJ	Girls Triple Jump Varsity	Trials, to Final
to follow LJ	Girls Triple Jump Frosh	Final

FRIDAY	
Oval	
4:30pm	Boys Varsity 3200 Unseeded
4:55pm	Girls Varsity 3200 Unseeded
5:10pm	Boys Frosh 3200
5:25pm	Boys Invite 3200
5:37pm	Girls Invite 3200
5:50pm	Boys DMR Invite
6:05pm	Girls DMR Invite
6:15pm	Girls Varsity 200m
6:40pm	Boys Varsity 200m
7:10pm	USATF Girls 400m
7:20pm	USATF Girls 300m
7:25pm	USATF Boys 300m
7:33pm	USATF Girls 200m
7:38pm	USATF Boys 200m
7:45pm	Boys Invite 200m (Top 28 entries)
8:00pm	Girls Invite 200m (Top 28 entries)

Saturday		
Oval		
9:00am	Boys Frosh 1600m	Final on Time
9:20am	Girls Frosh 1600m	Final on Time
9:25am	Boys Varsity 1600m	Final on Time
10:00am	Girls Varsity 1600m	Final on Time
10:15am	Girls Frosh 400m	Final on Time
10:25am	Boys Frosh 400m	Final on Time
10:38am	Girls Varsity 400m	Final on Time
11:05am	Boys Varsity 400m	Final on Time
11:35am	Girls Frosh 800m	Final on Time
11:45am	Boys Frosh 800m	Final on Time
11:55am	Girls Varsity 800m	Final on Time
12:15pm	Boys Varsity 800m	Final on Time
12:45pm	Girls Frosh 4x 200	Final on Time
12:50pm	Boys Frosh 4 x 200	Final on Time
12:53pm	Girls Varsity 4 x 200	Final on Time
1:05pm	Boys Varsity 4 x200	Final on Time
1:20pm	Girls Invite 800m	Top 20 Entries
1:28pm	Boys Invite 800m	Top 20 Entries
1:45pm	Girls Invite 1600m	Top 24 Entries
1:58pm	Boys Invite 1600m	Top 24 Entries
2:10pm	Girls Invite 400m	Top 30 Entries
2:25pm	Boys Invite 400m	Top 30 Entries
2:40pm	USATF Boys 400m	Final on Time
2:50pm	Girls Invite 300m	Top 28 Entries
3:05pm	Boys Invite 300m	Top 28 Entries
3:22pm	Girls Varsity 500m	Final on Time
3:30pm	Boys Varsity 500m	Final on Time
3:40pm	USTAF Girls 500m	Final on Time
3:45pm	Girls Varsity 4 x800	Final on Time
3:58pm	Boys Varsity 4x800	Final on Time
4:10pm	Girls Frosh 4 x 400	Final on Time
4:15pm	Boys Frosh 4 x 400	Final on Time
4:25pm	Girls Varsity 4 x 400	Final on Time
4:45pm	Boys Varsity 4 x 400	Final on Time

Straightaway		
12:40pm	Girls Invite 60m Trials	
12:45pm	Boys Invite 60m Trials	
1:35pm	Girls Invite 60m	Final
1:40pm	Boys Invite 60m	Final
2:08pm	Girls Invite 60m Hurdle	Final on Time

Field Events			
9:00am	Boys Frosh Shot Put	Small Cage	4 throws
9:00am	Boys Invite Shot Put	Large Cage	Trials to Final
10:30am	Boys Varsity Shot	Small cage	Final
10:00am	Boys Pole Vault Varsity		
9:30am	Boys Long Jump Varsity	Seeded Flight I	Trials to Final
9:30am	Boys Long Jump Frosh		Final
60 min after LJ	Boys Triple Jump Varsity	Seeded Flight I	Trials to Final
60 Min after LJ	Boys Triple Jump Frosh		Final
9:00AM	Girls High Jump unseeded	Open 1.30	Final
9:00AM	Boys High Jump unseeded	Open 1.60	Final
10:30am	Boys High Jump Invite	Open 1.80	Final
10:30am	Girls High Jump Invite	Open 1.45	Final